

Visva-Bharati

This is to certify that

Asit Mahara

was admitted to the Doctor of Philosophy in the
Department of *Physical Education &
Sport Science* under *Vinaya-
Bhavana* in this University in the year
2023 on presentation of a dissertation titled

“EFFECT OF ASANAS ON KINESTHETIC
PERCEPTION, COORDINATIVE ABILITIES
AND FLEXIBILITY OF WOMEN”

Chakrabarty
Vice-Chancellor



Santiniketan

March 28, 2023